SAMPLE INTRODUCTION

As part of our class study of global poverty, we participated in a TWO DOLLAR CHALLENGE. This challenge required us to live on $2.00 of food – each day for three days. The goal of the challenge is to help us understand a few of the many constraints faced by the 1 in 10 people around the world who live on less than $2.00 a day. The rules were simple, we shopped, compared prices, and created a meal plan that would allow to spend just $6.00 over three days. What follows is what happened over the three days I participated in the challenge.